



My Health is *IN YOUR HANDS*

Take care of you for me

One in four people who are living with HIV don't know it

- » Often there are no symptoms, meaning it can be unintentionally passed on to partners.
- » Knowing your HIV status is an important part of a healthy sex life and a good relationship.
- » When treated, HIV is a manageable disease. Treatment is available at no cost and can suppress the virus, preventing transmission to partners and improving overall health.

Find out more about
HIV and where to get
confidential testing at:

MyHealthisSexy.com



Call for confidential
information on how to
obtain free testing:

1-866-778-7736



Interior Health
Every person matters